## Kindness is Contagious! Catch them in the act!

Nominate your friends and teachers to be "Pto'd". Catch acts of kindness all around you in school.

- 1. Did someone help you open your locker?
- 2. Did you thank a teacher today?
- 3. Did your child bring homework home for a sick friend?
- 4. Did someone listen without interrupting you?
- 5. Was someone a really good friend today?
- 6. Did you pick up someone's jacket that fell on the floor?

## Nominate a kind person today by:

- 1. Writing their first and last name and one sentence describing their act of kindness on a piece of paper.
- 2. Place the piece of paper in the Kindness Campaign bag (for students) and the Terrific Teacher bag (for teachers) in the main office.
- 3. Winners (1 student and 1 teacher) will be randomly selected at the monthly PTO meetings.
- 4. Winners will be "Pto'd" and receive a special gift.

Smiling is infectious; you catch it like the flu.

When someone smiled at me today, I started smiling too.

I passed around a corner and someone saw my grin.

When he smiled, I realized I had passed it on to him.

I thought about that smile and then I realized its worth.

A single smile, just like mine, could travel around the earth.

So if you feel a smile begin, don't leave it undetected.

Let's start an epidemic quick and get the world infected.

(author unknown)

## For the BRMSList Serve:

The BRMS PTO is excited to announce a contagious Kindness Campaign! Parents can nominate their students and teachers for recognition by the BRMS PTO for spreading kindness. Write their name and one sentence describing their act of kindness on a piece of paper and drop it in the Kindness Campaign (for students) bag or Terrific Teacher bag in the main office. One student and one teacher will receive a gift and be announced at the monthly PTO meetings. Attend the PTO meeting and your child's teacher will automatically be entered to win! For more details, go to http://br.skschools.net/PTO.